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# Mold & Mycotoxins: Current Evaluation And Treatment 2016



## Synopsis

This book is intended to help both medical practitioners and patients to understand our growing understanding of how mold toxicity and mycotoxins can profoundly affect health. It provides an overview of how mycotoxins create an unrelenting inflammatory process that influences the immune system, nervous system, endocrine system, gastrointestinal system, emotions and pain. It reviews the current approaches to diagnosis and treatment.

## Book Information

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## Customer Reviews

Although a number of ME/CFS and chronic Lyme doctors are now beginning to consider the role that toxic mold may be playing in their patientsâ™ case histories, Dr. Neil Nathan (who traveled across the country to learn about treatment of mold illness from Dr. Ritchie Shoemaker more than 10 years ago) has been actively interested in the topic for quite a long period of time. In addition, Dr. Nathan has taken a particularly broad approach to treating mold-related illness, having incorporated into his own practice techniques used by Dr. Shoemaker, Dr. Joseph Brewer, Dr. Patricia Kane and Dr. William Rea, among others. That being the case, he seems an especially appropriate physician

to write what I see as the first book that is specifically focused on the topic of addressing severe chronic illness (such as ME/CFS, chronic Lyme or similar conditions) from the perspective of mold toxicity. I personally think that it is high time that such a book was published and that (with one specific exception) Dr. Nathan does an excellent job of providing readers with an overview of the topic. The book is additionally helpful in that Dr. Nathan shares in great detail the methods that he uses to treat his own patients, developed as a result of having worked with hundreds of individuals on mold issues over the course of a decade. Much more than most of the other doctors that are treating this sort of illness, Dr. Nathan seems willing to explore a wide variety of treatment approaches – including looking proactively at mold toxicity issues – in order to help these particularly difficult patients.

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